2018-2019
SOUTH DAKOTA

STATE ASSOCIATION

STUDY GUIDE

Questions and Answers for 2019-2020
Region, State and National Officer Candidates
The SD FCCLA Officer Candidate Study Guide has two sections to help study for the test, which include:

- National FCCLA
- South Dakota FCCLA

SECTION 1 – NATIONAL FCCLA

1. What do the letters FCCLA stand for?
   *Family, Career, and Community Leaders of America*

2. When was the organization founded?
   *June 11, 1945*

3. Who is considered the founder of the organization?
   *Edna P. Amidon*

4. Future Homemakers of America and New Homemakers of America merged during what year?
   *1965*

5. When did the organization change its name from Future Homemakers of America (FHA) to Family, Career, & Community Leaders of America (FCCLA)?
   *July 1999*

6. What month is FCCLA Week celebrated?
   *February*

7. What is the motto of FCCLA?
   *Toward New Horizons*

8. What is the meaning of the motto of the organization?
   *It reminds members that their contributions to home life today will influence the kinds of homes they have tomorrow; that the family life of members will influence the community and the world.*

9. Where is the National FCCLA Headquarters located?
   *Reston, VA*

10. When was the official ground-breaking ceremony for the current national Headquarters and leadership center in Reston, VA held?
    *September 28, 1981*

11. Where will national meeting be held in July 2019?
    *Anaheim, CA*

12. What is the name of the current FCCLA National Executive Director?
    *Sandy Spavone*

13. What is the flower of the organization?
    *The red rose is the flower of the organization*

14. What does the flower of the organization represent?
    *It represents the search for beauty in everyday living.*

15. What are the colors of FCCLA?
    *The colors of the organization are red and white*

16. What do the colors represent?
    *Red suggests strength and white is recognized as the symbol of sincerity. These colors inspire members with the courage and determination to succeed.*

17. What is the address for the national FCCLA website?
    *www.fcclainc.org*
18. Who is the 2018-2019 FCCLA National President?  
(See national website – www.fcclainc.org)

19. Where is the current National President from?  
(See national website)

20. What is the current national membership?  
(See membership tab/map on national website)

21. Complete the sentence: Family, Career, and Community Leaders of America is a dynamic and effective national student organization that….  
helps young men and women become leaders and address important personal, family, work, and societal issues through family and consumer sciences education.

22. Name 5 current youth concerns FCCLA chapter projects focus on.  
Teen pregnancy, parenting, family relationships, substance abuse, peer pressure, environment, nutrition and fitness, teen violence, and career exploration.

23. Name 4 “Skills for Life” involvement in FCCLA offers members the opportunity to develop.  
Planning, goal setting, problem solving, decision-making, and interpersonal communication- necessary in the home and workplace.

24. What does the emblem represent to the organization?  
The emblem shows that FCCLA is a dynamic, active organization bound for the future. The dominant collegiate lettering articulates a focus on education and student leadership. The swooping arch embodies an active organization that moves toward new arenas. The emblem will always be linked to the turn of the century when FHA changed to FCCLA. The color of the emblem is one of the organizational colors- red.

25. Name the 5 components of the planning process. (Must be in correct order)  
Identify Concerns,  
Set your Goal,  
Form A Plan,  
Act,  
Follow Up

26. Is one of the purposes of FCCLA to teach students to succeed in competition with others?  
No

27. State the creed of the organization.  
“We are the Family, Career, and Community Leaders of America.  
We face the future with warm courage and high hope.  
For we have the clear consciousness of seeking old and precious values.  
For we are the builders of homes,  
Homes for America’s future.  
Homes where living will be the expression of everything that is good and fair.  
Homes where truth and love and security and faith will be realities, not dreams.  
We are the Family, Career, and Community Leaders of America.  
We face the future with warm courage and high hope.”
28. Local groups of FCCLA members should be referred to as ____________________.
   * Chapters
   * FCCLA is ALWAYS referred to as an organization and there are Chapter Meetings
   * NEVER use the word club with FCCLA.

29. Chapter Meetings should begin and end with the official opening and closing ______.  
   * Ceremonies

30. FCCLA provides opportunities for active student participation at the ______, ______ and ______ levels.  
   * local, state, national

31. FCCLA is the only in-school organization with the ______ as its central focus.  
   * Family

32. What does the official FCCLA Dress consist of?  
   * Red Blazer and Black dress pants or skirt

33. Who may enter the Junior division?  
   * Students up through grade 9

34. Who may enter the senior division?  
   * Students in grades 10-12

35. Name the program that recognizes advisers who oversee strong and active chapters.  
   * Master Adviser

36. Name the program that recognizes advisers who spend several years assisting and training new chapter advisers?  
   * Adviser Mentor

37. Adults who are interested in supporting the goals of the organization may become ___ & ___ members.  
   * Alumni & Associates

38. In the winter of 1985, what publication was introduced for chapter advisers?  
   * The Adviser

39. When did STAR Events begin?  
   * 1983 National Leadership Meeting

40. Name the five units of Power of One.  
   1. A Better You
   2. Family Ties
   3. Working on Working
   4. Take the Lead
   5. Speak out for FCCLA

41. Name the 4 units of the Student Body national program.  
   - The Healthy You – Empowering teens to make wise food and lifestyle choices.
   - The Fit You – Empowering teens to take charge of their health and their level of fitness.
   - The Real You – Empowering teens to maintain positive mental health.
   - The Resilient You – Empowering teens to live in ways that build emotional health.

42. Name the 5 units of Families First.  
   - Families Today – Understand and celebrate families
   - You-Me-Us – Strengthen family relationships
   - Meet the Challenge – Overcome obstacles together
   - Balancing Family and Career – Manage multiple responsibilities
   - Parent Practice – Learn to nurture children.
43. Name the 4 Career Connection essential units that guide students to discover their career pathway.
   - **My Skills** - Students learn about themselves and practice being productive, promotable employees as they link their personal interests, skills, and goals to careers.
   - **My Life** - Students learn to manage interconnected roles in careers, families, and communities by exploring choices and skills that help balance these roles.
   - **My Career** - Students gain a better understanding of work and learn how to find and land a job.
   - **My Path** - Students identify steps they can take to reach career and lifestyle goals.

44. Name the four essential topics of the Financial Fitness national program.
   - **Earning** - sharpen on-the-job financial fitness
   - **Spending** - track and plan personal spending
   - **Saving** - conquer bank accounts, credit, and investments
   - **Protecting** - keep financial and personal interests safe

45. Name the 3 essential topics of the Community Service national program.
   - **Learn** - Students explore personal values, ethics, and ethical decision-making while evaluating their community needs.
   - **Lead** – Students learn how to use their leadership skills to serve their community and how to transfer those servant leadership skills to the workplace.
   - **Serve** – Students are introduced to the critical role community partnerships and advocacy play in serving the needs of others while also developing their own community-based service.

46. Name 5 ways FCCLA student members can STOP the Violence through peer education.
   - reach their peers with violence prevention education
   - recognize warning signs of potential youth violence
   - encourage young people to report troubling behavior
   - collaborate with school and community resources to address youth violence
   - develop and implement local action projects to reduce the potential for violence in their school.

47. The national program which encourages members to eat right, get fit, and feel good about themselves is called _______________.
   - **Student Body**

48. What program recognizes chapters that address a community need using family and consumer sciences related skills?
   - **Community Service Program Award**

49. Name the competitive events program that recognizes members for proficiency and achievement in leadership and job related skills.
   - **STAR Events**

50. What does the acronym STAR in STAR Events stand for?
   - **Students Taking Action with Recognition**

51. What is the program designed to help new members learn about FCCLA?
   - **Step One**

52. What are the 3 R’s of the STOP the Violence program?
   - **Recognize, Report, and Reduce**

53. The national membership program is called _______________.
   - **Go For the Red**
54. The national program which teaches teens to manage their money is called _______________.

   *Financial Fitness*

55. The national program which promotes highway traffic safety is called _______________,

   *FACTS (Families Acting for Community Traffic Safety)*

56. The national program which uses peer education to strengthen families is called _______________,

   *Families First*

57. The national program which promotes job readiness is called _____________.

   *Career Connection*

58. The individual project recognition program is called _________________.

   *Power of One*

59. The national program that is a peer-to-peer outreach initiative that empowers young people to recognize, report, and reduce the potential for youth violence is called _________________.

   *Stop the Violence*

60. What is the Japanese Exchange Program?

   *This is a program which offers full scholarships for FCCLA members who are sophomores and juniors in high school to spend six weeks with a Japanese family.*

61. Name 5 STAR Events.

   - Advocacy
   - Applied Math for Culinary Management
   - Career Investigation
   - Chapter in Review – Display and Portfolio
   - Chapter Service Project – Display and Portfolio
   - Culinary Arts
   - Early Childhood Education
   - Entrepreneurship
   - Environmental Ambassador
   - Fashion Construction
   - Fashion Design
   - Focus on Children
   - Food Innovations
   - Hospitality, Tourism & Recreation
   - Illustrated Talk
   - Interior Design
   - Interpersonal Communications
   - Job Interview
   - Leadership
   - Life Event Planning
   - National Programs in Action
   - Nutrition and Wellness
   - Parliamentary Procedure
   - Promote & Publicize
   - Recycle & Redesign
   - Say Yes to FCS Education
   - Sports Nutrition
   - Teach & Train

62. Name the two online STAR Events:

   - *FCCLA Chapter Website*
   - *Digital Stories for Change*

63. Who is the legal governing board of Family, Career and Community Leaders of America?

   *The National Board of Directors. The board determines policy, oversees financial affairs, evaluates current programs and assists in long-range planning and organizational management. Members are both appointed and elected.*

64. Which two organizations endorse Family, Career and Community Leaders of America?

   *U.S. Department of Education (Office of Vocational and Adult Education) and the American Association of Family and Consumer Sciences (AAFCS)*

65. How much are member national dues?

   *$9.00 per person*

66. What is the FCCLA tagline, and when was it introduced?

   *“FCCLA: The Ultimate Leadership Experience” was introduced in 2003*
67. What are the four national FCCLA regions?
   North Atlantic, Southern, Central, Pacific

68. What is the mission of FCCLA?
   To promote personal growth and leadership development through family and consumer sciences education. Focusing on the multiple roles of family member, wage earner and community leader, members develop skills for life through – character development; creative and critical thinking; interpersonal communication; practical knowledge; and career preparation.

69. How many national officers are elected?
   A total of 10 are elected.

70. What are the five basic components of an FCCLA chapter?
   Membership, adviser, leadership, meetings and projects

71. Who is eligible to be a member of FCCLA?
   Any student who is taking or has taken a family and consumer sciences education course and who pays the appropriate membership dues, or is a part of a middle level or urban chapter affiliation program.

72. What is FCCLA?
   Family, Career and Community Leaders of America, a dynamic and effective national student organization that helps young men and women become leaders and address important personal, family, work and societal issues through family and consumer sciences education.

73. What is a co-curricular FCCLA chapter?
   A program that integrates FCCLA chapter activities into the classroom family and consumer sciences program of study. (South Dakota recommends FCCLA be an integral part of the instructional program.)

74. What is the planning process?
   A simple five-step method to help chapter members and advisors plan individual, group or chapter projects and activities

75. What is a program of work?
   Chapter’s plans for the year

76. What is youth-centered leadership?
   Process through which youth members are responsible for planning, carrying out and evaluating chapter projects and activities

77. What are the eight purposes of FCCLA?
   1. To provide opportunities for personal development and preparation for adult life.
   2. To strengthen the function of the family as the basic unit of society.
   3. To encourage democracy through cooperative action in the home and community.
   4. To encourage individual and group involvement in helping achieve global cooperation and harmony.
   5. To promote greater understanding between youth and adults.
   6. To provide opportunities for making decisions and for assuming responsibilities.
   7. To prepare for the multiple roles of men and women in today’s society.
   8. To promote family and consumer sciences and related occupations.

78. What are the 52 state associations?
   The 50 states, Puerto Rico and the Virgin Islands

79. What is the role of a chapter president?
   Presides over the class during project selection and planning. Appoints committees or members for specific jobs related to projects. Serves on the chapter executive council, if one exists.
80. What is the role of the chapter vice-president or first vice-president?
   Assists the president in overseeing the work of project committees. Fills in when the president is absent.

81. What is the role of the chapter secretary?
   Maintains written minutes of the decisions related to projects and activities. Works with president to complete a written Planning Process worksheet to be posted for member review.

82. What is the role of the chapter treasurer?
   Collects and records all fundraising monies and dues. Maintains written records and receipts for all funds spent on chapter project(s).

83. What are bylaws?
   Bylaws are the rules adopted by an organization for governing its activities.

84. Name the four kinds of membership in FCCLA.
   Active, Alumni, Associate and Honorary

85. How many members are needed to form a chapter?
   There is no minimum requirement.

86. Can students in private schools be members of FCCLA?
   Yes, as long as they meet membership requirements.

87. What are the three methods of voting?
   Voice votes, roll call, or ballot

88. What is a Quorum?
   Minimum number of members that must be present to conduct the business of the meeting; usually a simple majority unless otherwise specified in the bylaws.

89. How is FCCLA financed?
   FCCLA is a nonprofit organization funded primarily by membership dues.

90. What do national dues support?
   Teen Times; The Adviser Newsletter; chapter mailings; national program development; chapter resources; leadership training; national promotion of the organization; membership processing and marketing; National Board of Directors and National Executive Council activities; fundraising and seeking corporate sponsors; operating expenses of the national headquarters and staff.

91. What is affiliation?
   The process of formally joining FCCLA by paying membership dues.

92. Who is eligible to use the names “Family, Career and Community Leaders of America” and “FCCLA”, as well as the emblem?
   Only affiliated (dues paying) members and chapters.

93. What is the standard FCCLA Opening Ceremony?
   President: Gives a rap with the gavel, signaling the officers and members to stand and then begins the meeting by stating, “We are the members of Family, Career and Community Leaders of America. Our mission is to promote personal growth and leadership development through Family and Consumer Sciences Education.”
   Officers: “Focusing on the multiple roles of family member, wage earner, and community leader, members develop skills for life through character development, creative and critical thinking, interpersonal communication, practical knowledge, and career preparation.” (Continued on next page)
Members: “As we work toward the accomplishment of our goals, we learn cooperation, take responsibility, develop leadership, and give service.”
President: “This meeting of the ________ Chapter of Family, Career and Community Leaders of America is now in session. You may be seated.” (Raps gavel)

94. What is the standard FCCLA Closing Ceremony?
President: “Members, please stand. FCCLA members, we are challenged to accept the responsibility of making decisions that affect our lives today and the world of tomorrow. Let us repeat our creed.”
Members: “We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope. For we have the clear consciousness of seeking old and precious values. For we are the builders of home, Home for America’s future, Homes where living will be the expression of everything that is good and fair, Homes where truth and love and security and faith will be realities, not dreams. We are the Family, Career and Community Leaders of America. We face the future with warm courage and high hope.”
President: “This meeting of the ________ Chapter of Family, Career and Community Leaders of America is not adjourned.” (Raps gavel)

95. Where should the FCCLA emblem be worn?
Wear the emblem over the heart or on a jacket pocket.

96. Where should the pin be worn?
The pin is worn over the heart. Members, advisers, honorary members, Alumni & Associate member and chapter parents may wear the pin.

97. Who is considered one of the most influential leaders in the founding of Future Homemakers of America?
Edna P. Amidon, an educator and promoter of home economics education. She served as the organization’s first board chair.

98. Who was the first national advisor?
Dr. Hazel Frost

99. What was the amount of the first dues in 1945?
Ten cents

100. When and where was Future Homemakers of America founded?
June 1945 in Chicago, Illinois

101. What is the name of the organization’s magazine, and when was it first published?
Teen Times was first published in 1945.

102. The first national convention was held where and when?
July 1948, in Kansas City, MO

103. How many students are involved in FCCLA?
More than ________ chapter members in more than ______ local chapters. Over nine million youth have been involved in the organization since its founding in 1945. Look up under Membership/Membership Reports Tab-use last year’s final affiliation numbers.

104. When were HERO (Home Economics Related Occupations) chapters founded?
1971
105. When and where was the name of the organization changed to Family, Career and Community Leaders of America?
   *July 1999; Boston, MA*

106. Why did FHA/HERO change its name to FCCLA?
   *FCCLA reflects our Mission. It emphasizes the leadership qualities that set our members apart from other young people*

107. Distinguish between comprehensive and occupational members.
   *Comprehensive members are currently enrolled in or have taken courses in family and consumer sciences (family-focused). Occupational members are currently enrolled or have taken courses toward preparation for a specific family and consumer sciences career (wage-earning).*

108. What qualifications are needed to be a chapter adviser?
   *Must be a certified/alternatively certified comprehensive or occupational family and consumer sciences educator.*

109. What is the amount of state dues?
   *$8.00 per person*

110. Who is eligible for Alumni & Associates membership?
   *Former FCCLA, FHA (Future Homemakers of America), NHA (New Homemakers of America), HERO members, and individuals who share the goals and purposes of Family, Career and Community Leaders of America.*

111. By what procedure are all meetings to be conducted?
   *Parliamentary Procedure, using Robert's Rules of Order*

112. How many issues of *Teen Times* are published each year?
   *Four (1 print edition and 3 electronic issues)*

113. What is the term of a State Executive Council Member?
   *One year*

114. How many STAR Events are available to members?
   *32 State/National Events*

115. What competitive events are available to FCCLA members?
   *Skill Demonstration Events, FCCLA Contests, FCCLA/LifeSmarts Knowledge Bowl, and STAR Events*

116. Name the Adviser Recognition Programs available.
   *Master Adviser, Adviser Mentor, Adviser Academy, Years of Service, and Spirit of Advising*

117. What national program guides students to develop, plan, carry out and evaluate projects that improve the quality of life in their communities?
   *Community Service*

118. Name the three topic areas of FACTS.
   *People, Vehicles, and Roads*

119. What is peer education?
   *A method of education where teens teach teens – their peers*
120. Name the two partners of the Japanese Exchange scholarship
   Kikkoman Corporation and Youth for Understanding USA

121. What is the meaning of the acronym STOP in the STOP the Violence program?
   Students Taking On Prevention

122. Which national meetings are held each fall?
   Cluster Meetings

123. What are the two awards given in recognition of exemplary public relations efforts?
   National Outstanding Media Award and the National Chapter Public Relations Award

124. What are the 3 R’s of Membership?
   Recruit, Retain, Recognize

125. What are the five essential elements of a chapter’s public relations plan?
   Message, Audience, Purpose, Method, and Feedback

126. What are the objectives of the Capitol Leadership Training?
   FCCLA members and advisers will have the opportunity to participate in public policy development and
   advocacy training; develop a state and local advocacy plan; meet with members of Congress and Federal
   officials; and have the opportunity to explore the nation’s Capitol.

127. According to Robert’s Rules of Order, what are four basic ideas of parliamentary law?
   1. Courtesy and justice for all
   2. One item of business at a time
   3. The minority must be heard
   4. The majority must prevail

128. What organization is FCCLA currently partnering with for the National Outreach Project?
   Lead2Feed

129. According to Robert’s Rules of Order, what does the term amendment mean?
   A change in or addition to the main motion

130. According to Robert’s Rules of Order, what does the term debate mean?
   Discussion for or against the motion

131. According to Robert’s Rules of Order, what is the phrase used to propose a motion?
   “I move....”

132. According to Robert’s Rules of Order, what does the term majority mean?
   Over half of the votes cast; sometimes called simple majority, which is 50 percent plus one (1)

133. According to Robert’s Rules of Order, what does the term quorum mean?
   Minimum number of members that must be present to conduct the business of the meeting; usually a simple
   majority unless specified in the bylaws.

134. What are all 9 national programs?
   Career Connection, FACTS, Families First, Japanese Exchange, Financial Fitness, Community Service, Power
   of One, and STOP the Violence.
SECTION 2 - SOUTH DAKOTA FCCLA

135. What year did South Dakota charter as a state association?
   1946

136. What is the name of the FCCLA South Dakota State Adviser?
   Kris Brockhoft

137. What is the name of the South Dakota FACS Pathway Program Specialist?
   Amber Roth

138. Where is the headquarters for the state association located?
   Brookings, SD

139. How many FCCLA regions does South Dakota currently have?
   6

140. There are ______ officers on the State Executive Council this year.
   7

141. How many affiliated members did SD FCCLA have as of June 30 of the past school year?
   (See national website – membership records tab and pull up record of last year’s membership report)

142. Who currently serves as South Dakota’s State Chapter Adviser?
   Connie Wolf (2018-19)

143. Who is one of the most recent national officers serving from South Dakota?
   Brigitte Nelson or Andrew Rasmussen (2017-2018)

144. Who is the chair of the South Dakota FCCLA Board of Directors?
   Deb Nelson (2018-19)

145. Name the big state event held in the fall at the Crossroads Convention Center in Huron.
   Fall Leadership Rally/Camp/Training

146. During what month is the 2020 state leadership meeting held?
   Where will the meeting be held?
   April in Sioux Falls

147. Name the SD FCCLA State Officers and their offices
   ● (Check-out www.sdfccla.org under “Leadership Tab”)

148. South Dakota is located in which region?
   Central

149. Who is the administrative body/sponsor of the South Dakota Association of FCCLA?
   South Dakota Department of Education
150. What is the name of the professional organization for South Dakota Family and Consumer Sciences teachers?
SDATFACS – South Dakota Association of Teachers of Family and Consumer Sciences

151. What benefits are provided to South Dakota members because we organize by region?
Develop leadership skills through regional officers; increase leadership opportunities for all chapter members; elect the regional executive council, including the state officer candidate; provide an update from the national and state levels; give recognition to members and advisers beyond the local level; develop a sense of unity among all chapters in the region; encourage greater parent involvement in FCCLA activities; participate in STAR events; and share ideas, make friends, have new experiences, and have fun.

152. Who is the current (2018-19) South Dakota FCCLA State President?
Hannah Owen, Redfield Chapter, Region IV